

than the rigid, traditional framework of corporate leadership in your next chapter," says Alecia Wellen.

A Wall Street professional since 1999, she's got up-close-and-personal experience with the heavy weight of success, and that's exactly why today, she's showing up as a guide and certified coach for other professionals who are longing for something deeper.

coaching formats, equipping them to find something more aligned by embarking upon an inward journey. It's here, she says, that they're able to move past leadership development cliches, break cycles and find transformative success.

"It can be lonely at the top, and it's scary when you set out on your own self-discovery," she says. "My Crown to Root program offers the space and the clients are always in the driver's seat. They're making an investment in themselves, so it's always about what they need, where they're going, and who they're becoming next."

